



# Positive Parenting News

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## Get the facts!

**Immunizations have helped children and adults stay healthy for more than 50 years.** With increased information available in our world today comes increased confusion, especially if you rely on non-professionals, or celebrities, as your source for medical facts. The reality is that even the NEWS is not always REALITY TV; sometimes stories are sensationalized before the facts are received. This was seen most recently related to immunizations and the fear that they may cause autism.

**It is true that all immunizations have some risk factors** and depending on your medical history it may or may not be advised that you received certain immunizations. However, according to Dr. Ari Brown from Baylor College of medicine in Houston, TX, "researchers and scientist have taken a long, hard look at vaccines- and there is conclusive evidence that vaccine exposure is not the turn on switch for autism."

### **So what are some Facts about Immunizations?**

- Immunizations reduce the spread of disease and have the ability to reduce the severity of disease.
- Getting immunizations is a lifelong,



life protecting job. They are not just for kids. Make sure to check with your private medical doctor or your local health department to see what immunizations you might need. **It might just save your LIFE!**

- Some people need to avoid certain immunizations or get them at a later date. If you have a severe life threatening allergy to a component of the vaccine, if you suffer from an immune compromising disease or if you are receiving certain medications you may be at increase risk for adverse side effects. In these cases you need to talk with your doctor first.

*These are the facts...so don't delay check with your doctor to see if you or your child's vaccines are up to date TODAY.*

[Parenting.chesterfield.gov](http://Parenting.chesterfield.gov)

**Chesterfield-Colonial Heights Positive Parenting Coalition**

*Educating, supporting and empowering professionals to assist families in achieving their full potential.*